

Preparing for Lent

by Rev. Bev Diet

I was asked to write a few words about preparing for Lent. We always prepare for Easter during the 40 days of Lent. It is a different perspective to prepare for Lent.

We might think of a time that we were getting ready to celebrate an event like an anniversary or special birthday while at the same time having house guests. We would then do cleaning and baking ahead of time, so we didn't have to do it while entertaining our company.

Joan Carter offered to clean my robe. I usually throw it in the wash or take it to the cleaners. Joan did much more than that. She went through a lot of detailed work, cleaning the pleats with a needle, then cleaning the fuzz off the Velcro with another needle. She also cleaned wax off the back of the robe. How did I manage to get wax on the back? She did much preparation for me to wear it on Sunday - that is, Easter Sunday. Thanks so much, Joan.

In our BAS on p.281 we have an invitation to observe a Holy

Lent. What do we need to do to prepare ourselves to have a holy Lent? The days leading up to Ash Wednesday are meant to be spent preparing for the Lenten journey:



'Even now, says the Lord, return to me with your whole heart, with fasting and weeping and mourning. Rend your hearts, not your garments, and return to the Lord, your God.'

For each of us the preparation for Lent is different and original, yet we probably do many of the same things. We probably each try to spend more time in prayer, reading a spiritual book, or spending time with a

spiritual companion or director.

When Fred and I visit our daughter in Bragg Creek, near Calgary, we go to a church in Cochrane called All Saints. It is very much like our All Saints'—very welcoming and friendly, with great music, a prayer shawl group, a priest as an honorary assistant, etc.

They have started a group which meets every other week at a local restaurant. You can have coffee or lunch. I have been able to attend twice now. It would definitely be a place to help one another prepare for the journey of Lent. Let us think about this as a possibility to prepare for Lent and to continue with one another in our spiritual lives.

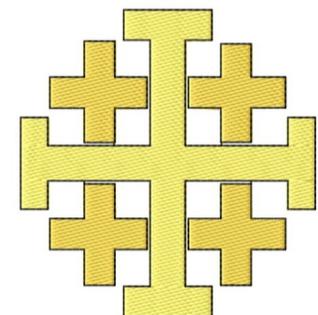
Meantime my robe is ready, and I won't wear it until Easter. Keeping all of you in prayer—

Blessings,

Rev. Bev



**Join us
Thursdays 11:30am
for the
Eucharist
Good Shepherd Girl Guide Chapel**



Robert Clifford +
Continued from page 1

church will be doing in the upcoming season of Lent that moves us toward Easter. I invite you to participate in our activities and to bring along family, friends, and neighbours.

Lent is known as the season of repentance. As the prayer book tells us, "I invite you therefore, in the name of the Lord, to observe a holy Lent by self-examination, penitence, prayer, fasting, and almsgiving, and by reading and meditating on the word of God." (BAS p. 282) Such prayer and meditation are not to be carried out for their own sake but rather to prepare us for our mission as Christians.

Our mission, as revealed by the risen Christ, is to make known the love that God has for all people and bring them into fellowship with those who have already come to believe. The call of Jesus is to love as we have been loved by God. Jesus reminds us that the only way anyone will know that we follow him is by the love we have for each other. Gracious and merciful love takes no account of what the beloved has done; instead, it loves anyway. Love in this way is unconditional and free-flowing. This is the love that God has showered upon us – we are God's be-

loved. Yet it is often very difficult to live out this love, especially toward people who differ from us or seem irksome or disagreeable. As we face this challenge, the spiritual practices of Lent--spending time in study, worship, and prayer--can help us.

During Lent at All Saints' we will offer a study program from Wycliffe College's Christian Foundations that invites us into a period of self-examination, penitence, prayer, fasting, alms-giving, and scripture study. It will take place on Tuesdays at 6:30 pm and include a meal (just like the fall and winter study sessions on the Holy Spirit, Advent, and the Rule of Benedict). The Lenten session will begin with a fantastic pancake and sausage dinner on Shrove Tuesday, March 5, and will continue through Tuesday, April 16, in Holy Week. The sessions are freestanding and do not require prior study or previous attendance – all are welcome to join up at any time. However, those who commit to the entire course of study will be recognized with a certificate from Wycliffe College, University of Toronto.

Of course, throughout Lent and Easter we will be gathering in worship often. After the Shrove Tuesday Pancakes with the Study Group we will offer services on Ash Wednesday, March 6 @ 11:30am and 7 pm.

Still to come:

Palm / Passion Sunday – Sunday, April 14 @ 8 am & 10 am

Tuesday in Holy Week Study Group and Dinner – Tuesday, April 16 @ 6:30 pm

Thursday in Holy Week worship – April 18

@ 11:30am

Maundy Thursday – April 18 @ 7 pm Foot Washing service

Good Friday – April 19 @ 10:30 am

Great Vigil of Easter – Saturday, April 20 @ 8:30 pm

Easter Sunday – Sunday, April 21 @ 8 am & 10 am

While we can and should gather as often as we can as a group for study and worship, we can also engage the Lenten journey by individual practices. Please do continue to hold your All Saints' family in your prayers, as we hold you in ours. Additionally or alternatively, you can spend time in prayerful meditation with the daily Brother, Give Us a Word email offering from the Society of St. John the Evangelist – www.SSJE.org/subscribe

On behalf of myself and your Parish Council, best wishes for a holy Lent and a joyous and holy Easter. Peace be upon you and yours these seasons. We look forward to spending time with you.

Blessings,

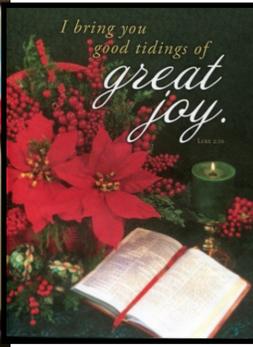
Robert+



Reverend Robert delivers the *I Love First Peoples* friendship boxes. They have begun their journey north with a brief stop in Cambridge. With each shoebox, we extend friendship and celebrate the joy of education. We encourage the donation of quality, fun and educational gifts. *I Love First Peoples* is a Canada-wide organization which is led by a majority First Nations board of directors and spends time in First Nations, Métis and Inuit communities to respond to the needs and dreams of people at the grassroots level.



Christmas Day Eucharist



Children Christmas Eve Service



Art, The Skate Programme



Jeff, A Warden



Deanery Bowling Christmas Week



Thom week-day coffee w/Jarrod

A Great Church in Action



Tina & Bruce Coffee Hour

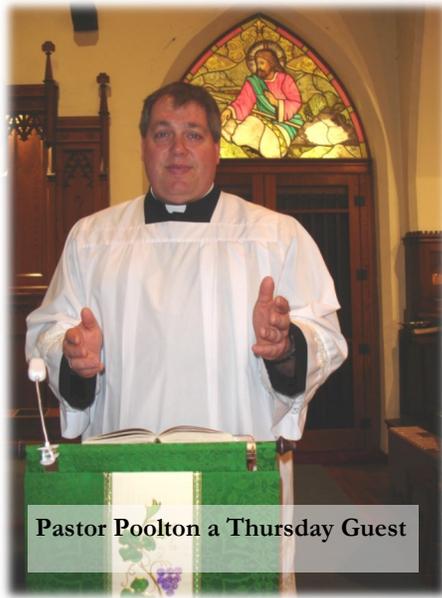
It was a green Windsor Winter, until the Arctic Vortex showed up.



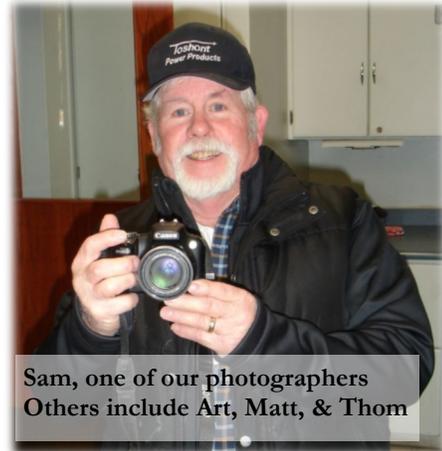
Ajeo, Ashwin, & Gerard



Deacon Reg visiting our parish



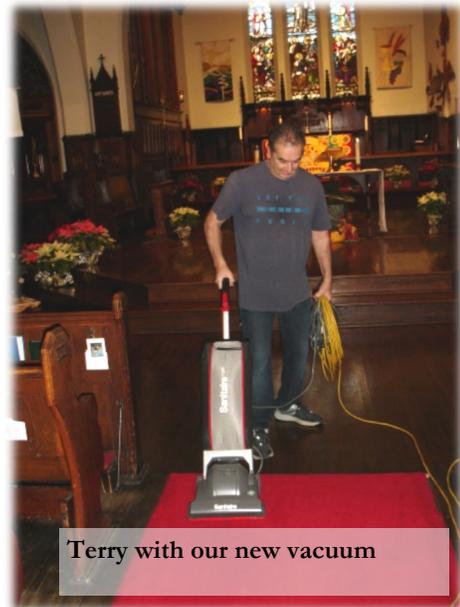
Pastor Poolton a Thursday Guest



Sam, one of our photographers
Others include Art, Matt, & Thom



Bob/ Robert+/ Betty/ Nancy



Terry with our new vacuum



Tuesday Bible Study
celebrated the
Birthday of Robert+
w/a Pierogi Bar,
Spinach Salad,
& Chocolate Cake!



Music In Worship

Lent by David Palmer

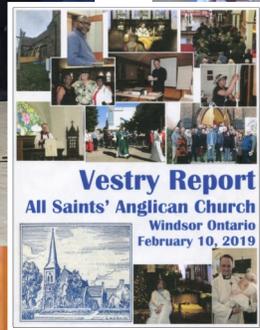
Ash Wednesday March 6



In Lent, we enter the church's traditional period in which we look inward to strengthen our spiritual life, focusing on essentials and putting aside all that distracts us from hearing God's voice.

Hymns and choral music follow a more sombre tone. As in 2018, the settings for Holy Eucharist will follow the adapted BCP (1962) which derive from the original Prayer Book of Archbishop Thomas Cranmer in form and language.. John Merbecke at that time captured the simple union of text and music in his book of Common Prayer noted. We omit "alleluias" during this period.

The Good Friday service will follow the BAS order of readings, intercessions and meditation on the Cross of Jesus, with simple music in synch with the church stripped of its symbols.



Vestry Report
All Saints' Anglican Church
Windsor Ontario
February 10, 2019

Delicious Buffet that followed

Vestry Meeting 2019

Congratulations to the assembled Vestry of All Saints' on its Feb 10th meeting. The 2018 program years was celebrated and assessed. We looked ahead to great things in 2019.

*Blessings,
Robert+*



Parish Council

Robert+/Gale/Jeff/Bruce/Erika/Kathleen/Art/David/Bev+/Fred/Joan/Larry/Val/Gerard

High Notes



In 2017 All Saints' Church had three young Chinese musicians join the choir – Wenxian Lyu (a vocal instructor at Chongqing Arts & Science University), Annie Ye (a student at St. Clair College) and Yang Chen (a graduate student at the University of Windsor). All contributed regularly to the music ministry at ASC and participated in special music events held in the church (Chamber music concert, Wenxian Lyu solo recital, and Talent Night). Both Wenxian and Annie have returned to Chongqing, China (population 32 million!). Yang is now teaching at a private high school in Toronto and still manages to visit us on occasion. We miss them all very much.

☞ Jonathan Bayley, Yang Chen, Wenxian Lyu, Kechen (Annie) Ye, and David Palmer

—+—
 ? ? T h e ? ?
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Q—We bow to the Cross on the altar; should we not also bow when the Processional Cross passes us?

A—Bowing one's head at such times as are specified in this question is somewhat like saluting the flag: it is an indication of respect, not so much for the thing itself as for what it represents. (Failure to salute the flag has often been taken as an indication of lack of patriotism, and even of treachery to the cause of a nation or Empire.)

However, it is really the altar which we acknowledge, not the Cross that is on it. We "make our reverence" (as the proper expression goes) because the altar symbolizes the presence of GOD; it is sometimes spoken of as "the Throne of Christ". It is not just an article of furnishing. Christ indicated what our attitude towards it should be when he said "The altar **sanctifies** the gift."

There is certainly something valuable about bowing one's head as the Processional Cross passes by, but it would be done for a different reason. It might be thought of as symbolizing Christ at the head of the Church on its way through the world and through history.



All Saints' Clarion
 Newsletter March
 1951 Article
 Revd. Carl Swan
 Rector

**Next
 Newsletter
 Is Easter**



**Recognition of Long Term
 Volunteer Servers**

John Fletcher—62+ Years

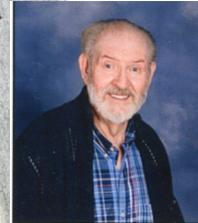
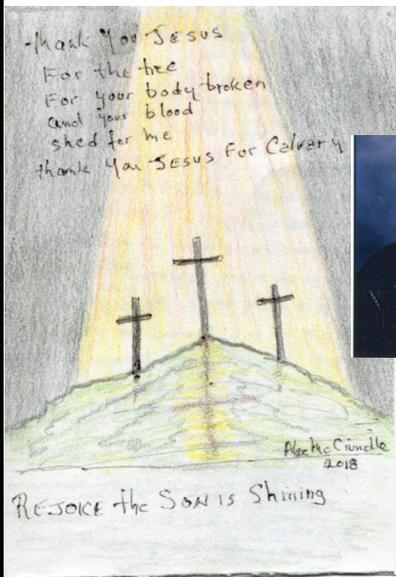
A member of ASC choir, at age 11 he began training as a server. John serves at the 8am service. Mr. Fletcher was also a server for Dr. John Clark at St. Michael's.

James Bridge—62+ Years

Trained as a server during Revd. Roscoe's tenure at ASC. For many years James has served at 8am, plus other services. Mr. Bridge has assisted Art Roth in the Skate Programme keeping records.



Thank you to Jonathan and Janet Bayley for underwriting the costs of this Lenten Newsletter. They have been "making a joyful noise" in the All Saints' Choir since 2003.



Alex McCrindle, resident artist and long-time member of All Saints', created this wonderful Easter card

for Father Robert+ in 2018. Some of Alex's pictures can be found hanging in the church. Thank you, Alex, for your inspiration!



Sundays 6pm @ All Saints' Church
Reading Scripture Queerly - Starts March 17th
 Affirming and Celebrating Scripture Reading and Prayer by and for the LGBTQ+ Community and Allies. Facilitated by David Carle

